



Help feed local people in crisis

Ours is a fairly well-off community, but every day there are individuals and families in Inverness & Nairn who are desperate as a result of domestic or financial crises, and who simply don't know where their next meal is coming from.

Highland Foodbank, managed by Blythswood Care, provides people in this situation with a three day supply of food, while they seek a more permanent solution to their problems. All the food is donated by people who want to help.

During Highland Foodbank Schools Appeal week (22nd - 26th May 2017) Primary Schools in Inverness & Nairn are enthusiastically supporting the project. Each school taking part is focussing on two items from Highland Foodbank's shopping list, and pupils are invited to donate one or more of these particular products.

**Bun-Sgoil Ghaidhlig Inbhir Nis is collecting
Tins of Tuna/Salmon & Breakfast Cereal**

We'd be grateful if you could help by bringing your items to school by Friday 26th May.

Thank you so much for your support!

Highland Foodbank , Blythswood Care, Highland Deephaven, Evanton, Ross-shire IV16 9XJ

☎ 07875 332696 email: lorna.dempster@blythswood.org Registered Charity No SC021848

